## Miss school... MISS OUT

## Term-time holidays can be a downer

The School Blues: Why Term-Time Holidays Can Be a Downer

It might seem like a great idea to take your children on a family holiday during the school term, but the reality can be quite different. For many children, returning to school after a term-time holiday can be a worrying experience. Here is why...

Disruption to Learning: Missing school days can disrupt their learning pattern and make it harder to keep up with their friends.

Social Isolation: Being away from school can lead to feelings of loneliness and can disrupt friends

Anxiety and Stress: The fear of falling behind, pressure to catch up and the loss of friendships

Prioritise your child's education and well-being to help their long-term success.

can cause anxiety and stress.

#SchoolHolidaysNotTermTimeHolidays #InvestInYourChildsFuture